

RYA START YACHTING SYLLABUS

This course provides a short introduction to sail cruising for novices. By the end of the course, students will have experienced steering a yacht, sail handling, ropework and be aware of safety on board.

1. The Yacht

- Basic knowledge of sea terms, parts of a boat, rigging and sails

2. Ropework

- Ability to tie the following knots: figure of eight, round turn and two half hitches, bowline

3. Underway

- Has experienced sailing a yacht on all points of sail
- Can steer a yacht under sail or power

4. Rules of the road

- Can keep an efficient and safe look out at sea

5. Meteorology

- Knows where to obtain a weather forecast and how to understand it

6. Man overboard recovery

- Man overboard recovery

7. Clothing and equipment

- Understands and complies with the rules for the wearing of safety harnesses', lifejackets and personal buoyancy aids

8. Emergency equipment and precautions

- Is aware of hazards on board a yacht
- Knows the action to be taken in the event of an emergency

For enquiries in English: tuition@sailinglifeacademy.com +90 539 613 8110

For enquiries in Turkish – NON RYA ONLY: info@sailinglifeacademy.com +90 532 295 8495